

# The Sewing Academy 1840-1865

Elko, Nevada 25-27 September, 2009

*Sponsored & Hosted by the Elko  
California National Historic Trail Interpretive Center*

REGISTER

On-Line: [www.ElizabethStewartClark.com](http://www.ElizabethStewartClark.com)

By Phone: 208-523-3673

By Mail: Elizabeth Stewart Clark  
1505 Claireview Lane  
Idaho Falls, ID 83402

## Please Register Me:

### Registration Information

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

### Billing Information

Registration totals are due with registration. If paying by check or money order, make payable to Elizabeth Stewart Clark..

Card # \_\_\_\_\_  
Exp Date \_\_\_\_\_ CVC \_\_\_\_\_  
Card Holder \_\_\_\_\_  
Billing Address \_\_\_\_\_  
\_\_\_\_\_

- |  |            |
|--|------------|
| <input type="checkbox"/> Children's Wardrobes    | \$15.00    |
| <input type="checkbox"/> Your Historic Wardrobe  | \$15.00    |
| <input type="checkbox"/> Under It All            | \$15.00    |
| <input type="checkbox"/> Firm Foundations I-II   | \$15.00    |
| <input type="checkbox"/> Having a Fit I          | \$15.00    |
| <input type="checkbox"/> Bodice Engineering      | \$25.00    |
| <input type="checkbox"/> Crowning Glories        | \$15.00    |
| <input type="checkbox"/> Skirting the Issue I-II | \$25.00    |
| <input type="checkbox"/> Living Citizen History  | \$15.00    |
| <input type="checkbox"/> Needful Things          | \$15.00    |
| <input type="checkbox"/> Upgrade Clinic          | ***FREE*** |

Total \$ \_\_\_\_\_

Workshop fees include written materials and kits as needed for each class.

## Class Descriptions on Page 2

Scholarships Available for current Elko  
CNHTIC volunteers—Call Elizabeth to register!

All workshops are held at the California National  
Historic Trail Interpretive Center, 1 Trail Way, Elko,  
Nevada.

## Registration closes 20 September 2009.

- ✓ Register for one workshop, a half-dozen, or the full series, as your schedule and needs permit!
- ✓ Your workshop package includes a complimentary copy of the new, expanded of The Dressmaker's Guide to Fit & Fashion, as well as other written take-home materials.
- ✓ All hands-on technique classes include a materials kit, and focus on hand-sewing options—no sewing machine or machine experience required!
- ✓ Classes are open to all interested sewists age 14 and up, and all levels of experience, from novice to professional.
- ✓ Period clothing is **not required** for classes, though you are welcome to dress if you desire. Space may be limited; please wear non-hooped outfits if you choose to wear period clothing.
- ✓ Seating in all workshops is limited. Please reserve early to avoid disappointment. Walk-on registrations are generally not available.

Additional information regarding optional meal packages, nearby hotels, and workshop details will be sent after you register. Please give a valid email address!

### Help us focus on your needs with this brief survey:

When it comes to historic sewing skills

- ☐ I'm a complete newbie.
- ☐ I have some experience, but need some help.
- ☐ I'm very comfortable.

When it comes to historic fitting abilities

- ☐ I'm not familiar with them.
- ☐ I do okay, but I'm not satisfied with my current skills.
- ☐ I want to learn some advanced techniques for difficult figures.

Thinking about my normal living history activities

- ☐ I work with one set impression, and don't need to expand it right now.
- ☐ I'm trying to craft more than one impression, and want some help making decisions.
- ☐ I change impressions based on each new event's scenario, and want to expand my options for the future.

My most frequent impression is (check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Lower Working Class  | <input type="checkbox"/> Leisure Class |
| <input type="checkbox"/> Middle Working Class | <input type="checkbox"/> Rural         |
| <input type="checkbox"/> Upper Working Class  | <input type="checkbox"/> Urban         |
| <input type="checkbox"/> Professional Class   |  |

Most of my events deal with the years

- |                                    |                                    |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> 1840-1850 | <input type="checkbox"/> 1840-1865 |
| <input type="checkbox"/> 1850-1860 |                                    |
| <input type="checkbox"/> 1860-1865 |                                    |

I'm interested in being a fit model for (check all that apply)

- ☐ Corsets
- ☐ Bodices

# *The Sewing Academy 1840-1865*

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## **Friday, 25 September**

### **3:00 Children's Wardrobes**

A fantastic workshop for those who dress children! Children's clothing works in a system, just as adult clothing, but there are some unique differences you'll want to use to your advantage. We'll work from the skin out, and discuss how your family's impression needs guide your family wardrobe. Learn budget and growth-friendly strategies for all ages and personas.

### **7:00 Your Historic Wardrobe**

Whether you're just getting started with living history, or looking to refine and upgrade what you already have in the wardrobe, this workshop is one you want. You'll learn about the era's changing styles, and how to adapt them to your own impression, in a fast-paced, up-beat format with plenty of room for questions. Through vignettes, images, and dialogue, we'll explore the many options you have with persona development and individualized clothing research.

## **Saturday, 26 September**

### **9:00 Under It All**

What goes under the dress? We'll detail the layers, skin out, discussing all the "hidden" clothing, with details specific to economic levels, changing fashions, regional variations, and weather-related underthings to keep you more comfortable.

### **10:30 Firm Foundations I-II**

Take a tour of mid-century supportive undergarments (stays and corsets), with all the information you need to make them at home. Discuss and handle samples of the best materials and notions to use. We'll demonstrate fitting tricks with commercial patterns, on class participants. If you've been intimidated by or struggled with corsets in the past, this workshop is a must—you'll leave feeling confident and encouraged to take on your next corset.

### **1:30 Having a Fit I: Adjusting the Commercial Pattern**

Learn to get a good fit with any basic bodice pattern, on any figure! You'll observe a fitting session using class participants, and take home dozens of tips you can use over and over again. We'll also discuss in depth the best historic pattern to use for your projects, for accurate results every time.

### **4:00 Bodice Engineering I & II**

Take a tour of historic bodice construction and learn the Why behind the How! Historic dressmaking includes some very practical "engineering" techniques you'll learn as you create a

miniature sampler of seams and seam finishes, piping, fasteners, and bodice style elements. **Kit Class.**

### **5:30 Crowning Glories**

Hairstyles and headwear can make or break an impression! Whether you need help figuring out a period style, or need options for working with a very modern haircut, join us for this workshop. We'll also discuss climate and Trails appropriate headwear, and how it may differ from what you wore "back home." There are options for every personality!

## **Sunday, 27 September**

### **9:00 Skirting The Issue I/II**

Explore the practical construction of mid-century skirts and petticoats, fashionable variations, and supportive underskirts, for all economic classes. You'll try your hand at the techniques that take your skirts from "costume" to "clothing": gauging and pleating, flounces, tucks, and hem braid, all on a delightful doll scale you can use for education or display later! **Kit Class.**

### **10:30 Living Citizen History**

Society in the past is just as diverse and exciting as it is today. In this workshop, we'll explore developing composite and historic impressions for interpretation, effective interpretation skills, and how to get the most out of your opportunities. There's much more to life as citizen than you might know, and it's all waiting for you to experience.

### **1:30 Needful Things**

Learn about all the little, needful things in a wardrobe that make life and weather more bearable, and really round out your impression. We'll take a special focus on trail-specific needs, and how to maximize your project time to meet those needs.

### **3:15 Upgrade Clinic**

We'll round out the series with a fun, friendly clinic for any ailing clothes! Come prepared with wardrobe items and get Mrs Clark's thoughts and suggestions on upgrading the accuracy, refining fit, or remaking to another purpose. This workshop is free when you register for at least one other class in the series.

*If you are a current Elko CNHTIC volunteer, please talk to Mr Koy and call Elizabeth to register by phone—scholarships are available!*